

The Penis Book:

A Doctor's Complete Guide to the Penis – From Size to Function and Everything in Between



Editorial Reviews

“From our first season, Dr. Aaron Spitz has been the go-to expert for topics below the belt on *The Doctors* television show. His wit and expertise have provided not only laughter but learning and help for many people about taboo topics. In this book, he answers any and all questions about the penis with the humor and simplicity that have made him one of our audience favorites. This book is a wonderful resource for anyone with a penis or for anyone who knows someone with a penis.”

—**Andrew P. Ordon, M.D., F.A.C.S., Plastic Surgeon, and Emmy Award-nominated TV Talk Show Host of *The Doctors***

“A man’s guide to understanding his own intimate machinery, this book is raucous, honest, scientifically accurate, and a must-read. Only Dr. Aaron Spitz could combine his unique brand of humor with a thorough knowledge of urology. I am sure this enlightening book will find its way to many night tables both here and abroad.”

—**Larry I. Lipshultz, M.D., Professor of Urology, Chief of the Division of Male Reproductive Medicine and Surgery, Scott Department of Urology, Baylor College of Medicine**

“Dr. Spitz has written a book that answers all the questions people are thinking about but are afraid to ask. He has a simple, humorous way of explaining things which makes it an easy read for all.”

—**Stanton Honig, M.D., Director of Men’s Health at Yale Medicine Urology**

“Dr. Aaron Spitz is a brilliant urologist who comprehensively tackles this topic with both clarity and humor. His insightful advice will prove to be highly informative for male and female readers alike.”

—**Robert E. Brannigan, M.D., Professor of Urology at the Feinberg School of Medicine, Northwestern University**

“*The Penis Book* is an amusing read while also an exhaustive reference source on man’s best friend. The chapter on pornography alone is worth the purchase price.”

—**Steven K. Wilson, M.D., FACS, FRCS, Editor-In-Chief of ISSM Video Journal of Prosthetic Urology**

“*The Penis Book* tells the facts and exposes the fiction about the penis, its anatomy and function, in a casual, comfortable manner understandable by all. At a time where the internet makes so many men feel they must be lacking, this little book tells the big story of what can be done to help when there is an issue with the penis, what shouldn’t be done as it might do harm, and what safe and effective treatments are currently available for sexual health concerns. As a sexual medicine physician for almost 40 years, I applaud Aaron Spitz for writing such a readable book to educate men (and their partners) everywhere, so that an enjoyable sex life can be maintained.”

—**Irwin Goldstein, M.D., Clinical Professor of Surgery at the University of California at San Diego, Director of San Diego Sexual Medicine, and Editor-in-Chief, Sexual Medicine Reviews**

Editorial Reviews cont'd ...

“Dr. Spitz’s *The Penis Book* is a valuable resource to patients and providers alike, providing important contemporary insight to penile health as a marker of overall health and other men’s health issues in 2018. Men who read this book will have a new sense of understanding of their body, and women who read the book will appreciate the frank, open discussion of this often misunderstood male anatomy, leading to overall better relations between men and women. As he does on *The Doctors* show on TV, Dr. Spitz offers straightforward explanations of various male issues and has become one of the leading men’s health experts in America.”

—Jason Jameson, M.D., Urologist and Men’s Health Specialist, Mayo Clinic, Phoenix AZ

“Perhaps no other organ in the body is surrounded by so much myth, fascination, and misinformation. Dr. Spitz, a well-respected urologist in the field of men’s sexuality and infertility, has succeeded in providing men and women with a practical user’s manual that can actually be read with great interest from cover to cover. This book provides serious medical advice in an accurate and engaging, yet detailed, dialogue. I congratulate the author for setting the record straight and answering questions that many people have been afraid to ask.”

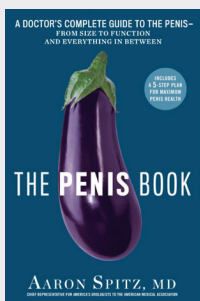
—Edward D. Kim, M.D., Professor of Urology at the University of Tennessee Graduate School of Medicine



AARON SPITZ, M.D.
Urologist / Urologic Surgeon

About the Author

Aaron Spitz, M.D., is a leading expert in male sexual health and fertility. He is an assistant clinical professor at UC Irvine’s Department of Urology, serves as the lead delegate representing all of America’s urologists to the American Medical Association, and is the President of the California Urological Association. He has appeared on *Dr. Phil* and *The Real Housewives of Orange County* and is a regularly featured expert on *The Doctors*.



Quick Facts About the Book

Title: *The Penis Book: A Doctor's Complete Guide to the Penis – From Size to Function and Everything in Between*

Publisher: Rodale

Versions: Paperback, Kindle, Talking Books

Paperback: 304 pages

Illustrations: 67

ISBN-10: 1635650291

ISBN-13: 978-1635650297

Cost: Check Amazon.com

Weight: 14.9 ounces